



*Rio Hondo College*

*Department of Public Safety*



## **Arrest and Control**

POST Course Control Number: 4410-29503-19-027

## **Tactical Communications**

POST regulations require all officers to complete a minimum of four hours of Arrest and Control (ACT) and two hours of Tactical Communications every two years as part of the Perishable Skills Program (PSP).

Rio Hondo is presenting a training day which will include six hours of ACT and two hours of Tactical communications which will fulfill the POST PSP requirement for these subject areas.

**COURSE INCLUDES: WARM-UP EXERCISES, USE OF FORCE ISSUES, CASE LAW REVIEW, FOOT WORK BALANCE, CONTROL HOLDS, UNKNOWN RISK HANDCUFFING TECHNIQUES, PRACTICAL APPLICATION AND REMEDIAL INSTRUCTION IF NEEDED.**

**DRESS: Gym attire & Gun belts are required.**

**LOCATION: Rio Hondo College, 3600 Workman Mill Road, Whittier, CA. 90601. Classroom T at the AJ Annex (old Police Academy).**

**POST PLAN II, Travel and per diem, backfill reimbursement**