# LEADERSHIP EMPOWERMENT AND DISCIPLINE

The LEAD program, previously known as the JAR program, is known to transform destructive behaviors in at-risk youth. This 20 week program develops leadership and discipline and provides parental guidance and support to help reduce family conflict.



LEAD'S 5 CORE COMPONENTS
TO EMPOWER YOUTH:

Build Confidence
Increase Physical Fitness
Enhance Communication
Develop Leadership Skills
Develop Character and Discipline

#### SERVICES PROVIDED

- 8 week Parent Pre-Academy
- 12 week Active Support Academy
- BOOT CAMP at military base
- Parent Individual & Group Support
- Parenting Project Curriculum
- Classroom Intruction
- School/Home Follow Ups
- · Random Drug Testing
- Exposure Through Outdoor Activities

# REQUIREMENTS

- Youth must be between 12-15 years
- Reside in any Southeast cities (HP, SG, Bell, Bell Gardens, Maywood)
- Engaged in potentially destructive behavior such as: bad grade, truancy, defiant, drugs ect...
- Youth must not have pending charges or have been convicted of violent felonies
- Mandatory parent participation
- Program fee: \$400.00 per youth

## Is this for you?

Are you overwhelmed with frustration or fear over your teens defiant behavior?

Have you run out of ideas or strategies to get your teen on the right track?

Have you tried it all and nothing seems to work?

Are you simply confused with your teens sudden change of attitude?

Are you seeking guidance and support to help you parent confidently?

Do you feel that you must take preventative action now, to avoid a future problem?

If you answered YES TO ANY of these questions, this may be for you!

## **Parent Testimonials**

"Before the LEAD program I was never able to get through to my kid and now we are able to listen to each other without fighting" -Parent of 15 year old.

"Going through the program has helped me make compassionate parenting decisions" - Parent of 14 year old.